

Igor Bondar



# Head and heart

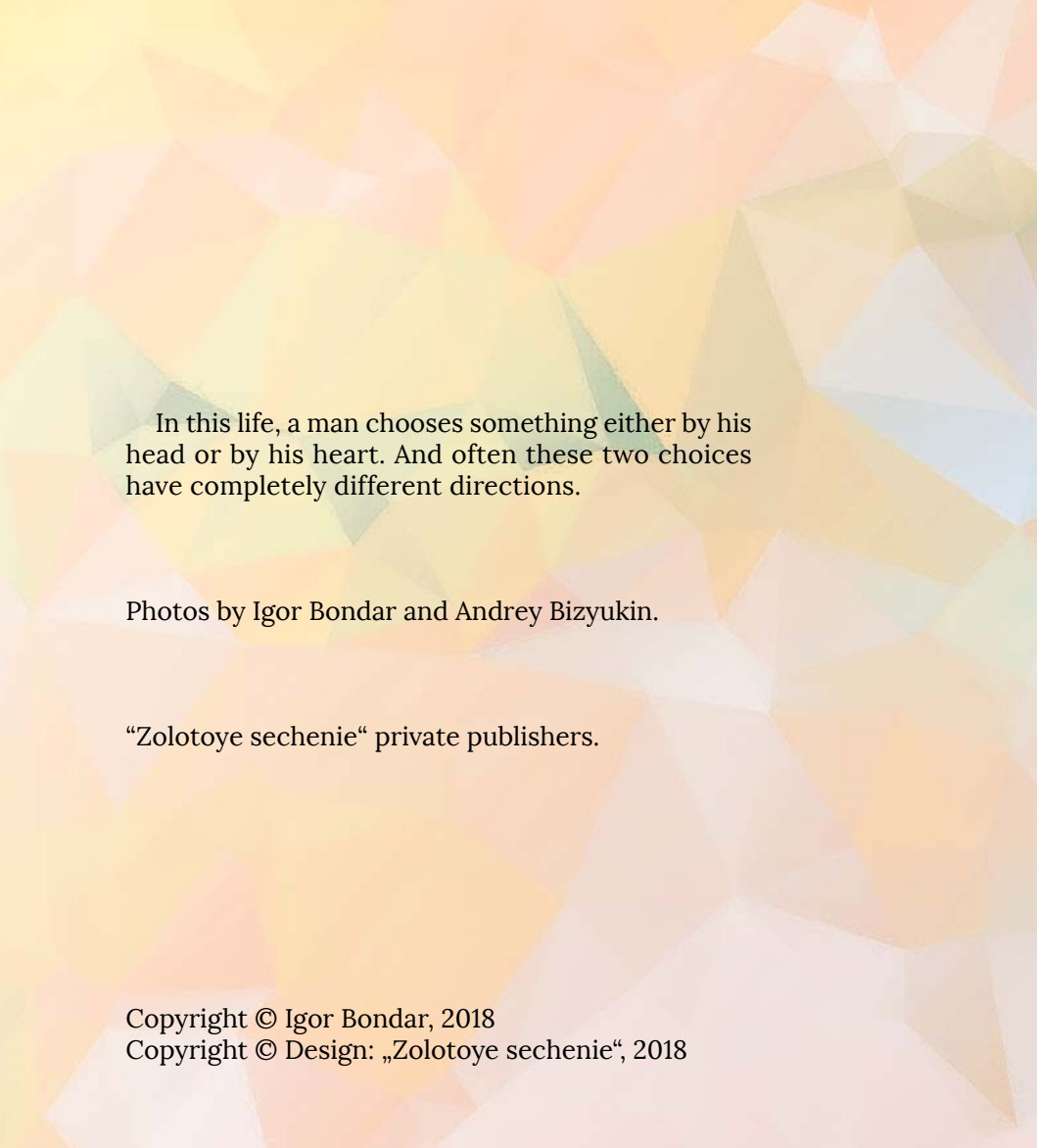
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# *Head and heart*

*A photo story*



“Zolotoye sechenie“  
private publishers  
2 0 1 8



In this life, a man chooses something either by his head or by his heart. And often these two choices have completely different directions.

Photos by Igor Bondar and Andrey Bizyukin.

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*The head is the centre  
of all our thoughts,*





*and the heart is the centre  
of all our feelings.*



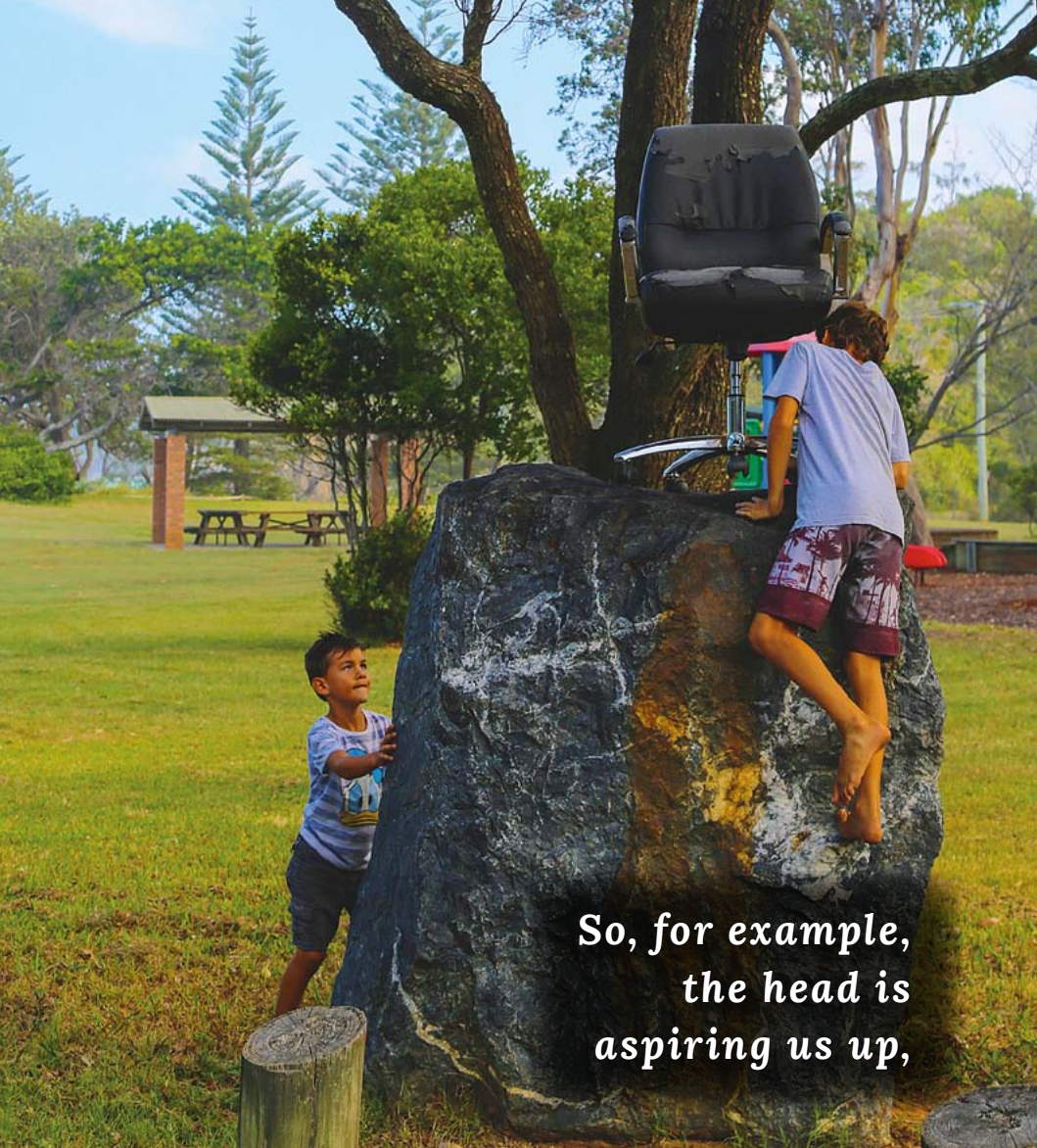
Every step  
we take in our lives  
follows either one  
or the other.





*Yet it is no secret that what  
the head wants is different  
from what the heart wants.*





*So, for example,  
the head is  
aspiring us up,*





*...whereas the heart longs  
for a little bit of dreaming.*



*The head is urging us forward  
to conquer something,*



*...whereas the heart is simply  
worrying about a friend...*



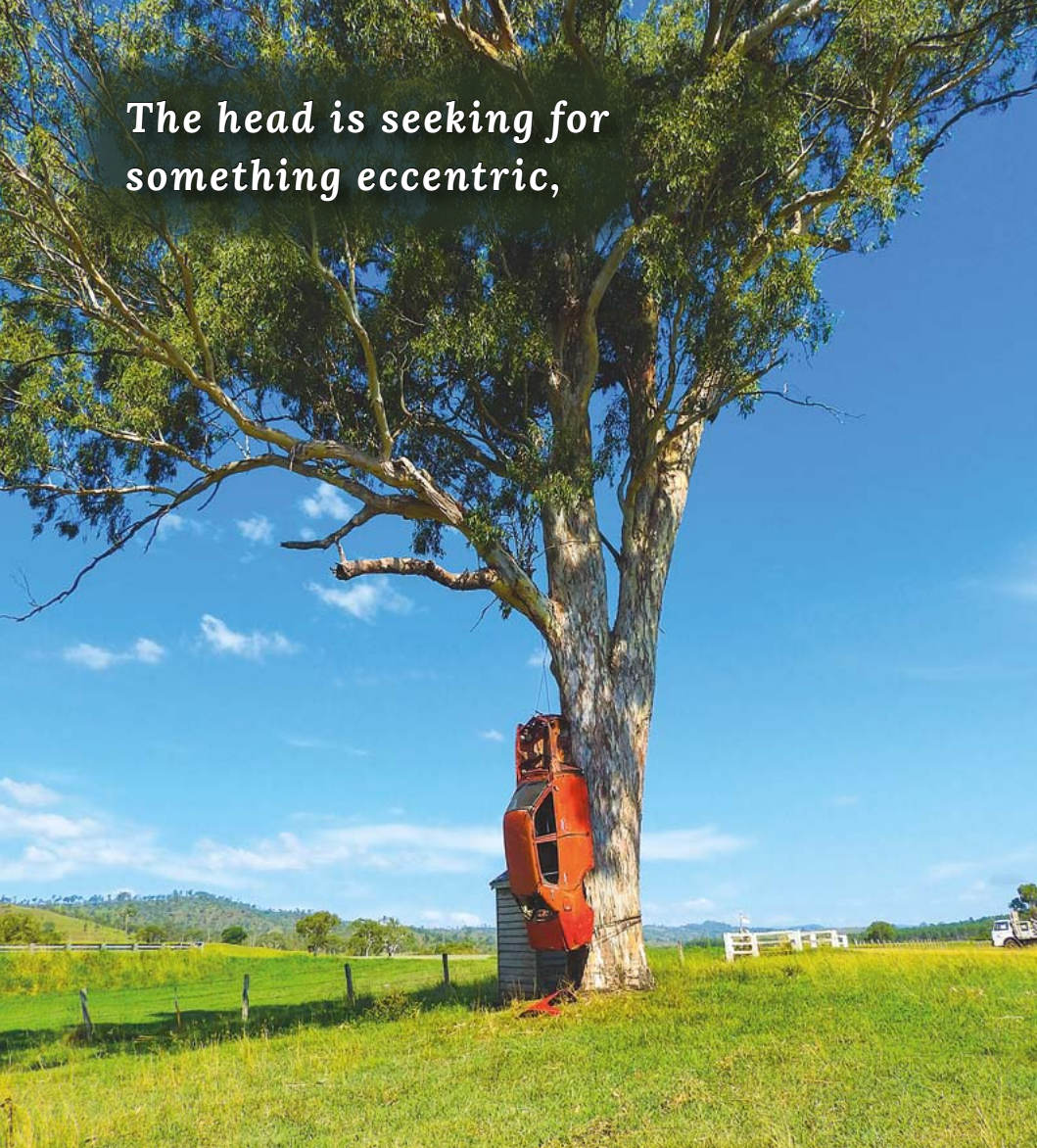


The head is calling us upon  
to make a career,



*...whereas the heart, for some reason,  
is dreaming of new friends.*

*The head is seeking for  
something eccentric,*







*...whereas the heart just needs  
simplicity and humor.*



*The head is encouraging  
us to set new records,*



...whereas the heart just  
wants to have a...





*...heart-to-heart talk  
with somebody.*



*The head is dreaming  
of delicious food,*



*...whereas for the heart  
it is important to feed others.*





*The head has a tendency to act,*



*...whereas the heart tends  
to hope and believe.*

*The human heart  
is not big. However,  
it conceals within  
itself such large things  
as the aspiration  
for the sublime,*







*...and beauty.*



*In the heart  
there is care for  
friends and relatives,*



*... great loyalty and devotion,*





*...sense of harmony.*



*The heart gives us  
the joy of friendship,*



*...the joy of new meetings,*





*...the joy of communication.*



*Certainly, the head  
is very important for our lives.  
Especially in the modern  
world of high technology.*



*However, it is always worth  
remembering that it is not the head  
that fills us with happiness...*



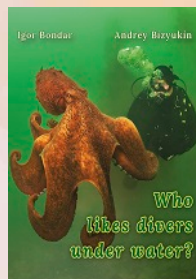
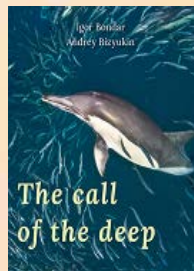
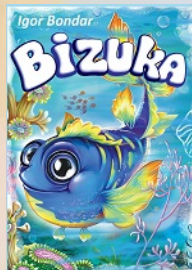
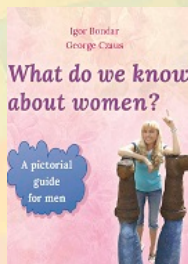
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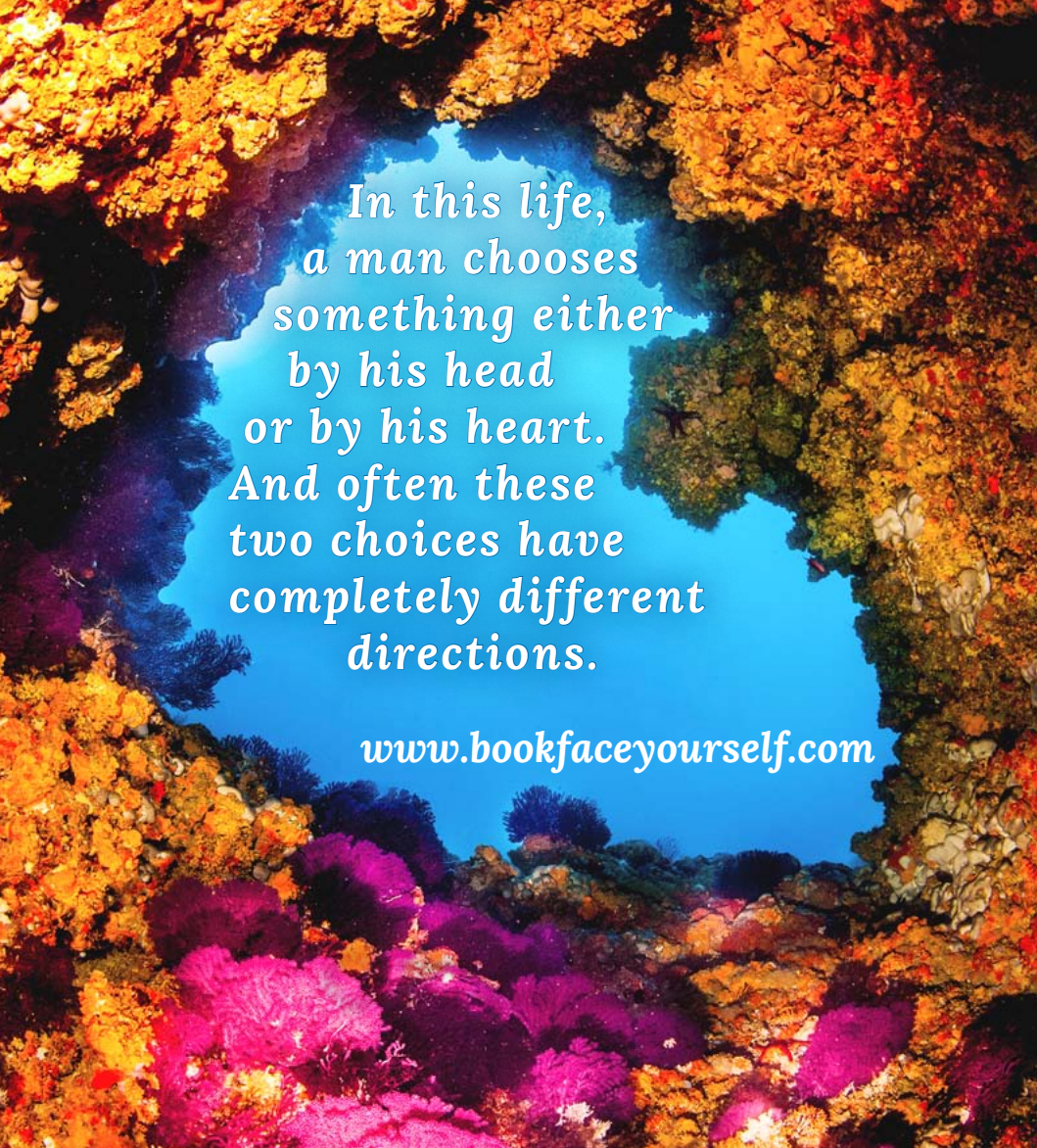
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Igor N. Bondar

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A photo story



An underwater photograph showing a cave opening. The cave walls are covered in vibrant coral, including yellow, orange, and pink varieties. The water inside the cave is a clear, bright blue, contrasting with the darker blue of the open water outside. The text is centered within the cave opening.

In this life,  
a man chooses  
something either  
by his head  
or by his heart.  
And often these  
two choices have  
completely different  
directions.

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