

# *Face yourself*

• *About* •  
*our times*

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*We live in extraordinary times. Externally, human life is changing tens and even hundreds of times faster than it did before. Only the souls of men and the reasons for their happiness or unhappiness remain unchanged. It is sad that in the bustle of our modern lives, we often forget this.*

# Chapter 1

For people, love and hate are often just one step apart indeed. For God, the distance between them is always infinity.

Just five-minute work on one's sins and passions in this life is worth more than millions of dollars. One day, this 'accounting' will be open to each person.

Today, we often do not try to live exactly in accordance with God's rules, but slightly adjust them, adapting them to our modern life. Such 'corrections' can lead to the fact that we find ourselves slightly out of Paradise.

The world now tries to tackle depression with pills. But it will not succeed as a soul cannot be cured with pills. However, if people start to struggle with their sins and passions, if they start to repent for their lies, greed, anger and adultery, then they will reach progress. By the way, then depression will disappear by itself as well.

What is bad about ‘free love?’ Simple, as it gradually becomes more and more ‘free’, the word ‘love’ fades away completely. Only passion remains – lust. Well, or ‘the basic instinct’ for those who like to make it sound more beautiful.

If we lose the ability to hear criticism, we lose the ability to hear God.

News programs are not show even an approximate the real balance of good and bad in the world today. Focusing only on the dark sides of life is beneficial to Satan, as it creates nervousness in us and voids peacefulness in our souls.

Patriotism is good if it is kind and not aimed against others.

Sometimes, as we fail to find our own happiness, we begin to rejoice in the misfortune of others. However, any gloating is not from the Lord.

Dreaming of water in the middle of a big desert is much more realistic activity than dreaming of Paradise in the middle of a sinful life.

Absence of faith leads to fear. Using that fear, the devil spawns various superstitions in people. However, the fact that these superstitions differ in different parts of the world, and sometimes are opposite to each other, is not noticed by many.

All of us are looking for ‘calm waters’ in our lives. But there is a better solution - experienced sailors can sail on any sea. We should learn to stand on our feet with confidently when sailing through not calm waters, holding on to the Lord as to the mast of the ship.

Today, many people do not take their eyes off their screens for most part of the day. Even the most daring science fiction writer of the past could not predict this.

Morality can only be passed on from decent parents, teachers, or very good and kind books or movies. If there is none, then the filling of human souls is likely done by the “author of all the world’s immorality”

If a human being does not lose honesty and sincerity in his life, the Lord will lift him up with that 'rope'. Because, where there is no lie, there is no the Satan. And the Father will explain the rest to His honest child over time.

When we fall in love with someone – it is not our merit. When we break up with them after that – it is only our fault.

Many of us dreamt of having a magic wand in our childhood, but did not have it. However, the devil invented it for the people of all ages. It is a TV remote which we cannot unhand.

The passion that caught us once will pull on us with double force next time.

## **Chapter 2**

Satan does not have any real power. All his earthly 'weapons' are fear and lies. The latter he uses to lead us away from the right thoughts and direct us to unnecessary places for unnecessary values.

We quickly expel various pests from the house, but we are much more loyal to 'pests' in our souls. Nevertheless, passions are pests of the world invisible to us. They can easily bring mental garbage into our heads and lead us to bad things.

A human may rise to Heavens with the purity of his soul. Or, may fall below the animals. What kind of beast can, for instance, slander or plot against someone?

The Lord took a great burden by creating this Earth and settling people on it. What does He receive in return? Only the happiness of the Father Who is observing his children. Kind children. He does not receive any happiness while looking at evil children, of course.

The Lord always tells us the right action to take in one situation or the other. The only question is how willing we are to accept His advice.

We all strive for freedom. The more we receive it, the better we feel. But a complete freedom is reached only when we liberate ourselves from our own passions. Until that time comes, we are still very unfree.

The most faithful route to the Kingdom of God was given to us by its Creator when He came to Earth. Since then, all the rest has only copied it from the original.

The Lord's Commandments actually only reflect the most possible pureness and height of human relationships.

The devil rejoices not only when he manages to lead us astray, but also when he manages to distract us from following the right path.

The best diet is when we get rid of all the passions that arise in us from food advertisements or its looks, and we simply begin to listen to our body more attentively.

Some people in this world choose to look at the light more. Others choose to look at the darkness. And all are gradually filled with what they look at.

If a grumpy person suddenly gets into Paradise, the shape of the Angels' wings and the quality of their feathers will be subject to criticism. That is why, none of them are ever allowed to enter Paradise.

Time. We have both a lot and a little of it. Not enough time for just living without thinking about anything - this time will end anyway. However, we have plenty of time for finding the main things in life and beginning to improve ourselves. In order to come to a place where time never ends.

The human soul is created in such a way that it will never be truly happy if the human does everything for himself.

The best 'antivirus' for the human soul – is the ability of its owner to look critically at himself.

In this world, partial security may be given with an insurance policy, security in its entirety may be given only by the Lord.

Any creation and unification in this world will always emanate from the Lord, while any destruction and division is from Satan.

We can spiritually help others only as much as our souls are free from passions.

## **Chapter 3**

If we keep hiding our conscience under a pillow like an alarm clock, then we will risk oversleeping the most important things in life.

A family into which love comes and from which passions leave becomes a small paradise on Earth.

By replying to criticism with the words: ‘Well, so I am!’, we admit that for now we like to live with our passions.

Any human and entire nations may come close to paradise life on Earth. The more honesty, sincerity, love and kindness exists in people, the happier they will already feel in this world.

A human being comes to a constant kind character only as a result of the great will to always act kindly, with a lot of practical effort.

If we do not clear our soul from passions, our worldview will always have some mistakes corresponding to the quantity of the passions in us.

Love, like water, may have a great difference in its depth. It may be shallow like a drying puddle or it may be a bottomless ocean.

A human soul is similar to a two-party parliament. The first party belongs to the Lord, the second belongs – to passions. However, a person always only by itself changes the ratio of “deputies” inside himself in one direction or another.

Sin – is a fruit, which the passions managed to grow in us, if we followed them. It may only be expelled with our repentance.

If we consider which sin is most severe: deeds, words or thoughts, then there is no great difference between them. Only the sinful mood of our soul has meaning here.

Currently, the advertisements of worldly values outnumber spiritual ones so much that it is hard to find any comparison. However, beyond this temporal earthly world, everything looks exactly the opposite.

A human is doomed to experience fear from time to time in this life, until he sees the love and omnipotence of the Lord.

Sometimes, certain people might seem very brave to us. However, this is often because one passion – ‘pride’ – is superior to another – ‘fear’ – in them.

Today, many people are attracted to various practices of ‘energy raising’. However, the basis of this topic is not that complicated. If we were slightly more attentive, we would notice that we are always filled with light and power as we do something kind and good. Bad deeds, on the contrary, make us lose that power. That is how the main ‘energy concept for people’ from the Creator looks like.

God gives any talent. However, whether it develops in us or fades, - depending on the principles by which we live in this world.

Love and kindness should be the main result of our spiritual work. If there is none, then something is not right.

Humankind treats various earthly exams very seriously. But, the most important exam from God is often forgotten completely. The result – a total educational mistake...

Spiritual fruits grow in us quite slowly. Each of them is the result of many efforts. However, only these kind of fruits have value beyond the earthly world.

Faith – is a very important part of our life. However, this is only the first step of stairs leading to love.

## Chapter 4

We choose what to do in this life on our own, of course. However, it does not mean that no one influences our choice.

For worldly people, old age often looks sadly and cheerless. For kind and spiritual people, old age looks rather different.

Denouncement and love exist on opposite poles. A human being who truly loves will not denounce another. The human who denounces does not love too much.

The first Commandment of Christianity says: ‘Thou shalt love the Lord thy God!..’ It is not a compulsion or an obligation. It is a prompt to humankind of where it may always find the highest love, the strongest friendship and the most beautiful feelings.

God is beyond comprehension. All computers of the world will not be enough to guide the life of one person as ideally as He does. And He does this with each of the eight billion people on Earth.

How far have we gone with all our complicated human knowledge from the main and simple meaning of this life. And, it seems that it is not the limit of it.

According to statistics, the most hated people on earth are often ex-spouses, those who used to say to each other: 'We will always be together in happiness and in sorrow.' It is a good reason to think – do we really know something about love?

Today, in God's world, a human being who speaks openly about God often does not look quite modern, to put it mildly. The only thing that soothes is that this circus will not last forever.

People often make great efforts to receive a permanent residence in one of the civilized countries. However, for some reason, not so many people want to get to the most civilized, kindest and eternal place – Paradise.

If we were to channel just a tiny part of our natural curiosity in the most important direction, we would have discovered many exciting and interesting things for ourselves.

Just as some lianas weave around a tree and take away its power, so do passions tie our soul in some time, if we do not resist them.

Today, many computer programs require such a big number of updates and user presence that it is already difficult to talk about any convenience.

A human being who truly trusts God and tries to come to Him, is not very beneficial to society today. This human does not like to take loans, does not insure all his things, does not rush to buy everything and does not spend many hours on the Internet. In general, such human seems boring to this world. But not to God.

Now, many people have hundreds and even thousands of friends on social networks. Are we not simplifying the meaning of the high word 'friend' by calling it all those, whose names we often do not even remember?

Many tragedies happen in the world today and we often take them to heart. However, the main tragedy of mankind is that it goes to unbelief, lies, coldness and the loss of many human qualities.

Today, it so difficult for a human being to break through this "computers-markets smog" into the right thoughts, that the Lord stretches His both hands to the one, who dares to do this.

## **Chapter 5**

The truth is always just one, but a lie has huge numbers of shades.

We reckon that the development of all events depends only on the will of people. Yes, the Lord lets us act on our will indeed. However, the subsequent success or no success of one deed or the other is often decided already not only on Earth. And, it always depends on how much of our past deeds have been good or bad.

There is no need for additional time or place for spiritual work, only the need for our sincerity, attention to ourselves and a wish to become better. And it may be done everywhere.

People seek the various secrets to happiness wherever possible! Humankind has a lasting desire to find some key, or a door, or an easy answer to this question. However, they do not like to "dig" in the right direction towards the struggle with their faults, passions and sins...

If a human being cannot joyfully laugh at himself, this is always bad.

We will never completely understand the sufferings of billionaires. For this, we need to build a 200-meter yacht. And in a month we should find out that our neighbor is building a 250-meter yacht.

A human who gets used to a constant self excuse inflicts great damage to one's own soul. Because in this case, a person, together with his passions, builds an effective "defense" against these passions.

The sinking of a human being into sin often comes unnoticed and quite quick. Meanwhile, getting rid of the sin is a process far longer and more conscious.

Condemning others is the easiest way to elevate oneself in one's own mind without doing anything else.

If we apologize to someone without repenting, we inflict twice as much damage to ourselves. It's like we are making a sandwich where we are putting a new lie on the top of an old sin.

The Lord always gives us everything according to our abilities. A human being has no such situations where he cannot act rightly and honestly.

We are used to saving for old age. But, to make some 'savings' for Eternal Life is usually not the territory of our anxiety. Not too smart, because that life is eternal...

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*A collection of the author's reflections.*

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